

# Ageing and Awakening God's Surprising Gifts!



Photograph by Philipp Lublasser on Unsplash

## A one-day introductory workshop

While our later years may mean less doing and more being, increasing physical diminishment and different responsibilities, they nevertheless hold amazing possibilities for new awakenings, surprising spiritual growth and new life, as well as a rich sense of meaning—all of this amid the inevitable changes we will face!

This free workshop will assist participants to lead and facilitate groups undertaking the *Ageing and Awakening* program, which aims to help older people in our communities to explore more deeply the awakening and surprises of their later years. Attendance at the workshop does not commit you to lead such groups but rather is an opportunity to explore and discern whether this is the path for you.

*Sponsored by the Centre for Human Ageing, Catholic Theological College*

### When?

14 June 2019

10.00am–3.00pm

### Where?

Catholic Theological College  
278 Victoria Parade  
East Melbourne

For more information and bookings, contact Rev. Dr Laurence McNamara CM  
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